

## The Fitness Challenge ends



Some of the participants (back, left to right) Sonia Bayley, Kim Edwards, Paula Mackenzie, Tamsyn Michael, Brett and Kevin Clarke, (front, left to right) Kym Edwards, Jacqui Trinne and Neil Brokensha.

When Amber Budden, Kylie Grech and several local young women got together over a few drinks, who would have thought that one of the ideas emanating from that discussion would become the basis for a new community initiative? The Woomera Fitness Challenge was born that night. Amber, on behalf of the community, approached the Building Healthy Communities Project (BHC) and Steering Group, local hospital staff and Dr Amandeep Kaur for their support that enabled 30 people to begin the journey.

The BHC project was very keen to facilitate this activity because increased access to physical activity is one of the project's priority goals. Many thanks to Dr Kaur for providing the free pre-exercise medicals and nursing staff for the health assessments and weekly weigh-ins.

On 1 July the 12-week Challenge was launched at the Woomera RSL Club. Thanks to the club for allowing the lovely dinner featuring healthy food cooked by the talented Robyn Tihema, assisted by Sara Elphick and Loren Hartley, to be enjoyed by all.

July 4 saw the start of a series of activities that kept all challengers busy. Bus stop shuffles, aerobic gym sessions, Saturday sports, Fitness Centre circuits and Pilates sessions were all scheduled throughout the week with some hilarious results – lucky the video camera was off!! Participants even enjoyed a great Boot Camp run by Flight Sergeant Mike Hawkins, RAAF, Physical Training

Instructor.

It was fantastic to see so many participants from both Woomera and Pimba. Whilst some found it challenging sticking to all the activities posted, those who were extremely dedicated stuck to their goal and managed most of the challenge. Winners will be announced at a later date.

Last Thursday was the final Challenge activity and it was great to see everybody still enjoying the good feeling that goes with increased levels of physical activity. It is extremely gratifying to know that many participants are now the proud new owners of better health outcomes and motivation, particularly given the requests for ongoing circuit classes which started yesterday. Well done to all.

There are so many to thank starting with Amber Budden for the vision and hard work; Jacqui Trinne for her dedication in keeping five weekly programs running; Kristian Rognli for making us sweat it out at the bus stop shuffle; the Woomera Board for the free use of the Fitness Centre; Woomera Area School for the use its gymnasium; the *Gibber Gabber* for ongoing media exposure; the wonderful staff at the hospital for their guidance and monitoring; the BHC Steering Group and to all our fantastic sponsors some of whom include:- BAE Systems, Outback Electronics, Woomera RSL Club, Woolworths, for making the journey a little more fun. Look out for more news and sponsor names as we get closer to the Masquerade Ball.

## Woomera Board Members

### Chairperson

#### Village Store Officer

*Stuart Knox*  
0419 836 052



### Deputy Chairperson

#### Tourism Liaison Officer

*Phil Hartley*  
8674 3225



### Community Services & Health Officer and Child & Youth Officer

*Paula Mackenzie*  
0419 519 963



### Media Liaison Officer

*Amanda Hudson*  
8671 8361



### Clubs & Events Officer

*Jeff Ingold*  
86737 589



### Tourism Liaison Officer

*Frank Woolfe*  
8674 3203



### Child & Youth Officer

*Andrew Dempsey*  
8674 3226



### Civic Amenities Officer

*Jeff Walsburg*  
8671 8549



### Finance Officer & Westpac Instore Officer

*Karen Halliday*  
0407 799 670



### Secretary

*Wendy Tobin*  
8674 3226



The next Woomera Board meeting will be held on 9 October 2006 starting at 7pm in the Community Centre.

The Board would like to congratulate Amanda Hudson and Frank Woolfe who have been re-appointed for a further two year term as board members.

There will not be an election on 28 October as first advertised as the above positions were filled without the need to have an election.

### Two positions available

We currently have two positions available on the Board, one for a two year term and one for a one year term, the latter being as a result of a Board member stepping down.

Nominations are invited from Woomera residents to fill these vacancies on the Woomera Board. So come on, become a Board member and have some input into

the community that you live in.

Applications may be obtained from the Woomera Board Office at the Community Centre and must be returned before nominations close at 12 noon on 20 October 2006. Any Woomera resident over the age of 18 years who has lived in Woomera for a continuous period of three months immediately preceding election day is eligible to be nominated.

Elections will be held on 18 November - 10am to 6pm at the Community Centre.

The functions of the Board are to:

- Advise the Manager Corporate Services & Infrastructure - Woomera (MCSI-W) on matters relating to the welfare of the people of Woomera;
- Advise the MCSI-W on any matter that is referred to the Board by him;
- Manage such businesses, public utilities and amenities, and to conduct such other activities as the MCSI-W may from time to time direct; and
- Expend for the benefit of the people of Woomera monies received by the Board from various sources.

## Snake season

With the warmer weather snakes have been sighted around Woomera. Please take extra care and watch where you are walking.

Snakes are protected under the Parks and Wildlife Act. So, who do you call if you encounter a snake within the village? Contact DCW Headquarters on 8674-3266, 24 hours a day.

Snakes spotted outside the village residential area should be avoided. If you are walking your dog, ensure it is on a leash, as a bite from a venomous snake may prove fatal.

## Letters to the editor

The opinions expressed in Letters to the Editor do not represent the views of the Woomera Board. It is the right of all to correspond with the *Gibber Gabber*. Letters will be edited for spelling, grammatical errors and style and may be edited if space is needed. Letters will be rejected if they are too long, abusive or cover a subject that has been exhausted. They will be published only when they include the author's name, address and contact details.

If the author has a genuine reason for remaining anonymous, he or she must still provide details to allow the editor to discuss the matter with them.

The editor reserves the right to contact letter writers to establish authenticity.

Editor: Amanda Hudson

Layout: Trish Hepburn

Deadline for articles is 4pm Tuesdays unless negotiated with the Editor or Woomera Board Secretary.

E-mail:  
[gibber.gabber@bigpond.com](mailto:gibber.gabber@bigpond.com)

The *Gibber Gabber* is also available online at:  
[www.woomera.com.au](http://www.woomera.com.au)

## PUBLIC WARNING NOTICE

The Woomera Prohibited Area (WPA) is declared under Defence Force Regulation 35 as a prohibited area for the purposes of 'the testing of war material'. 'Testing of war material' may include but is not limited to testing / trial of the following eg. Rockets, Missiles, Explosives, Weapons, Aircraft, Unmanned Aerial Vehicles, Land vehicles, Military personnel (including military exercises) and other miscellaneous equipment.

The WPA is located in the North West of the State of South Australia and is approximately 127,000 square kilometres (12.7 million hectares) in area. Its South Eastern corner is located approximately 450 kilometres North West of Adelaide.

Members of the public traversing the WPA via the Stuart Highway and Coober Pedy to William Creek road are reminded that these roads are part of a prohibited area and that they are not to deviate.

Other roads and tracks entering the WPA are signposted to the effect that the WPA is a prohibited area and no person shall enter, be or remain therein without proper authorisation. Penalty for unauthorised entry is \$2200 and/or six months imprisonment. Persons found trespassing within the WPA will be prosecuted.

Under Section 82(1) and 82(2) of the Defence Act 1903, It is illegal to photograph, draw, sketch or paint any part of a Defence Installation or enter a defence installation with materials or apparatus for carrying out such activities, without lawful authority. A person maybe placed under arrest without warrant by a member of the Defence Force, AFP or State/Territory police if believed to have committed these offences.

Members of the public traversing the Anne Beadell Highway from Coober Pedy to Emu Junction are reminded that in addition to a permit being required from Area Control Officer Woomera, a permit is required from:

Unnamed Conservation Park  
Department for Environment Heritage and Aboriginal Affairs  
PO Box 569  
CEDUNA SA 5690

Phone (08) 8625 3144  
Maralinga Tjarutja Lands  
Administrator Maralinga Tjarutja Lands  
PO Box 435  
CEDUNA SA 5690  
Phone (08) 8625 2946

Tallaringa Conservation Park  
Department for Environment Heritage and Aboriginal Affairs  
9 Mackay Street  
PORT AUGUSTA SA 5700  
Phone (08) 8625 3144

There may be some items such as cylindrical rocket motor cases and nozzles, flat rectangular pieces of metal, spherical tanks, military projectiles or unexploded ammunition encountered in the WPA. If any unusual item is encountered it must not be handled as it may be extremely dangerous and could cause serious injury or death. Note the description and location of the item and report it to the Pastoral Station Manager or Area Control Officer Woomera - Telephone (08) 8674 3370.

Eye damage may occur when viewing laser beams from within the WPA boundary.

Within the WPA there are sites of significance to indigenous people. These sites are protected under the Aboriginal Heritage Act 1988 with penalties of up to \$50,000.00 for causing damage to or removing items from these sites.

Inquires in relation to the use of or entry into the WPA should be directed to:

Director- Woomera Test Facility  
Aerospace Operational Support Group  
RAAF Base Edinburgh  
EDINBURGH SA 5111

**For a map contact the Department of Defence Ranges Staff.**

## Woomera 60th Birthday celebrations 6, 7, 8 & 9 April 2007

If you are still needing a bed or two, phone the Eldo Hotel on 08 8673 7867 or Woomera Travellers Village (camping, caravans) on 08 8673 7800. Bands are currently being sourced to play at the Jazza Ball to be held on the Saturday evening - look out for an upcoming "Tick'n'Flick" survey at the supermarket, post office and Community Centre - the committee are seeking community opinion on some aspects of the ball and the popular vote will win. Be sure to have your say! Dr Andy Thomas will be recording a birthday message to Woomera for display. We will be having guided Range Tours with some former residents sharing their memories, fireworks, BBQ's, school reunion, old movies, Woomera Memorabilia, Sunday church services and family day at Breen Park, with a breakfast BBQ on Monday morning to farewell travellers. Watch this space for updates!

## Police News

The October long weekend has come and gone for another year. No accidents were reported in the Far North LSA, which is a pleasing result. However, three people were reported for drink driving and more than 25 issued with infringement notices.

I have received several reports of crashes involving vehicles colliding with animals on the highway, two of these accidents involved police vehicles. Due to the dry conditions animals are feeding close to the roadway, so take care when travelling on the highway.

Several people have been reported for speeding with the highest being 143km/h.

One person has been reported for riding a push bike without a helmet. Woomera is not a helmet free zone. When riding your push bike you must wear an approved bike helmet. The fine associated with this offence is \$66.

## Youth Centre happenings

Lovely to see the "Crew from the Zoo" enjoying all the facilities that our lovely Youth Centre has to offer. We were a small lot this Friday night, as it appears that everyone else has gone on holidays, lucky people! We are still awaiting offers of assistance from parents, and we are still desperately seeking a co-ordinator. Contact Paula on 0419 519 963 or 8673 7112 or Andrew on 8673 6113 or 0409 285 846.

This Friday night, Andrew will be opening the Centre at 7.30 as usual, but you will need to keep your eyes on the next *Gibber Gabber* to see if the Youth Centre will be open, dependent upon volunteer assistance.

Don't forget to fill out the rosters and hand them back.



## Woomera Profile - Paula Mackenzie



### Family details:

Husband Scott, children Kate, Caroline, Alex, varying ages.

### Length of time in Woomera:

Approximately four years

### Reason you came to Woomera:

Originally to work at Oakden Hills station as my husband had a hankering to "go bush" again after many years in Melbourne.

### What do you like about Woomera?

There's everything in the world within one square mile, you can take part in everything or nothing, depending upon your preferences. Oh, and I like the party atmosphere!

### What is your background?

A bit of everything – mostly health sector, and administration and banking. I have also done the odd phone survey (for good money!)

### What do you do at Woomera?

I work full-time at BAE Systems.

### Interests outside work:

I am on the Woomera Board in the dual capacities of Community Health and Youth portfolios, I do an occasional morning show at 5RRR

"Polly's Technically Incorrect Radio Show", I frequent the RSL both as patron and occasional bar tender, I keep fit in myriad ways, I socialise with my friends and spend a lot of time in my hammock sleeping and reading. I also spend a lot of time on the phone to friends and family.

### Most challenging thing you've ever done:

Leaving Melbourne to move back here.

### Something we may be surprised to know about you:

Since most of you are already acquainted with my multiple personalities, I wouldn't think I could surprise too many people! I once nearly drowned jumping off a jetty as a three year old. My mother was nine months pregnant at the time, and I had to be fished out of the sea in a handy fisherman's net!

## Woomera gets a hairdresser

Zealous Hair and Beauty from Roxby Downs is open in Woomera at Shop 5 Dardurr Crescent which is at the back of Butement Square. At the moment they will open approximately once a month.

They were open on Saturday and Chantal said she had a busy day mostly with cuts and colours.

They will have a hairdresser and a beautician coming to Woomera so they can look after all your beauty needs.

Part of the service they offer are manicures and pedicures which include french or acrylic nails as well as all your waxing needs.

Zealous will be open again on 21 October and 4 November so book early, particularly the Saturday of the Masquerade Ball.

You can give the girls a call on 8671 3039, they will be happy to talk to you and make an appointment for you.

The hours of operation while Zealous are in Woomera are from 9.30am - 2pm.

*Right Chantal gets ready to cut Kym Edwards' hair.*



# Australian International Space School 2006 visit to Woomera



*The Gamma Ray telescope at the Cangaroo site.*

On 30 September, 38 students and six volunteer staff/organisers descended upon Woomera to take part in the Australian International Space School. This is the third year in a row that the AISS has visited Woomera to run this unique program, which is in its 19th year. AISS was keen to take advantage of the facilities that Woomera provides and what better place than Woomera to expose the students to what is required to be involved in the space industry.

St Michaels was the camp site for the duration of the visit and the RSL provided all of the catering and special thanks must go to Sue Child and Leanne Archer for the excellent service and outstanding meals that they provided.

The program of events was long and varied due to the outstanding support of the residents and the town. We chose Woomera as the base for the AISS as it provides a truly unique experience which is not available anywhere else in Australia.

Friday evening after tea, the students undertook a session of lawn bowls and we thank the bowling club for their assistance with this. After lawn bowls, the students

took advantage of the dark Woomera night skies for some naked eye astronomy lessons and worksheets.

Saturday morning was a visit to the Woomera Metrological Bureau, where Terry had organized for us to be there in time for the balloon launch and a tour of the facility. As Terry carried out his duties, he was able to explain to the students all of the intricacies of collecting data to make accurate weather predictions.

This was followed by a tour of the town, ending at Breen Park, where the students walked through the solar system, ending at the missile park. The Heritage Centre was the next visit and the exhibits sum up the history of the town and its range activities so well.

Many thanks must go to Roger Henwood for the tour of Nurrungar, to see the size of the dish is a real eye opener and one can only imagine what it would have been like when fully operational. Next stop was the Woomera Emergency Services where Michael, Graham and Bernie demonstrated all of the aspects of the fire truck and ambulances. The highlight for the students was trying to tame the water pressure coming from the 64mm high pressure hose.

Saturday the pool opened and we made good use of that. Once everyone had finished their swim it was back to St Michaels for each student to build their model rocket. Richard Samuel from ASRI gave an entertaining presentation about the small sounding rocket program utilizing the Zunis. After tea, the students went ten pin bowling and also visited 5RRR, where Michael was good enough to show them how a radio station operates, some of you may have heard the girls doing their live broadcast. Some further astronomy was carried out before retiring to bed.

Sunday was the day of the ASRI launches, the students were very impressed by the speed and the loudness of the Zuni rocket. In between the firings, the students launched their model rockets from LA9 and what a kick for them to be able to have their rocket fired from an official rocket range.

## Desert Rose Gypsy tribe - belly dancers

*By Leanne Materman*

Well it's been four weeks since we first came together as members of the dance troupe Desert Rose Gypsy and already we are showing promise as tribal women.

Never did these booty shaking buddies imagine that so quickly they would be picking up their hip flicks, snake arms, mystery eyes and air conditioner hands.

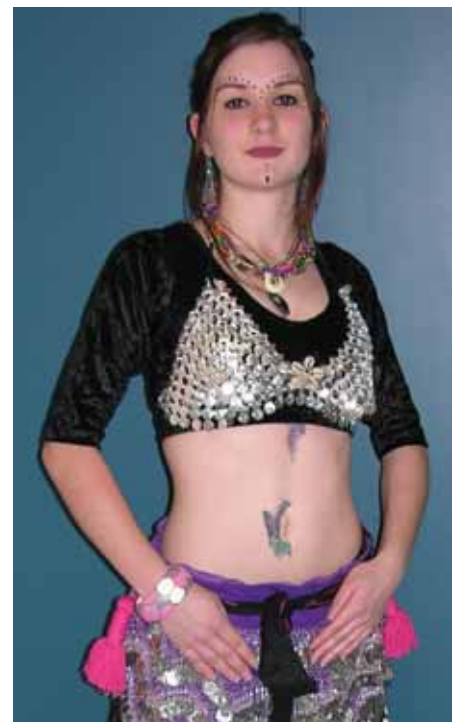
Using our makeshift mirror, that is our reflections in the windows, we are guiding ourselves through new moves each week.

Although at times everyone may feel a little awkward, there have already been improvements. Thankfully though everyone has the wonderful cure for those awkward moments, which is being able to laugh at ourselves.

We are all beginning to feel the wonderful community spirit which tribal belly dance creates as well as being able to embrace the femininity in the movements. All the ladies have put in a gold star effort and I have been so pleased to hear the reports from them of feeling relaxed at the end of the class and even being able to free up movements within their bodies.

Next step is the wonderful costumes adorned with the likes of coins, shells and bells so that we may hear ourselves wiggling and jiggling throughout the afternoons.

Any ladies interested in trying tribal belly dance are welcome to come along to the community centre, Wednesday afternoons from 5.30pm, with a gold coin fee to help provide more resources for the classes.



# Local pub and club weekly news



Woomera Sports Club



Golf Club



RSL & Bowling Club



Eldo Hotel



Spuds Roadhouse

## Down the Fairway with the Shanker

Sunday was, of course, windy again but this did not deter 12 of Woomera's finest golfers from tackling the exposed back nine in a stroke contest. Justin Allchurch coped best with the conditions and, despite his "airey" on the 13th tee box, compiled a 49 off the stick for a net 32 to take out the event. Justin picked up a stunning hand embroidered Woomera Golf Club towel and a new handicap for his efforts. The battle for second place was a tight one with the result having to be determined by countback. In the end it was Joe Payne who prevailed with a score of 47 for a net 32.5. Joe Blatchford rounded out the top three with his 49 net 32.5. Mathew Bannerman just pipped Simon Turner for this week's NAGA award.

The cross wind on the 11th hole

proved too tricky for all players so the club kept the ball for nearest the pin. Andy Searle kept the ball low into the breeze to take the ball for longest drive. Being a stroke round, there was a ball on offer for the least amount of putts which was won convincingly by Joe Blatchford with 16 putts. The birdies nest finally went off this week with hole 18 drawn from the barrel and Andy Searle picking up a couple of golf balls for his effort.

This week sees the much anticipated return of **House Day**. This year's event will be played on **Saturday 7 October**. The morning will commence at around **8.30am** with a cooked breakfast and tropical punch with the golf to follow at approximately 9.30am. Refreshments will be served on course for the duration of play. The round is played on a



composite layout of the front nine and with special rules applying to each hole. There is no charge for financial members of the club and the cost for non-members is \$25 which represents tremendous value. The club is open from 11am each Sunday during the summer competition serving ice cold refreshments and sensational pastries. Until next week, we'll see you down the fairway.

## Spinning it from the Sports Club



The Sports Club was open as usual last Friday night and we saw a good crowd attend.

Sporties will be open from 5pm this Friday with a BBQ Tea available. \$6 adults, children free. Happy Hour is from 5pm to 7pm.

It's our turn to open on Sunday night for a BBQ so head on down and enjoy a free meal.

Expressions of interest are invited from people who would like to provide a catering service for the Sports Club. Applications close on 18 October. Post to PO Box 64, Woomera, 5720.

### Quote of the week:

You have to expect things of yourself before you can do them. - *Michael Jordan*

## RSL & Bowling Club news

When in Woomera why don't you come along to the RSL Club, we're located in Bundilla Crescent which is first on the right past the pool coming from the Missile Park.

Those who attended the club Thursday night were treated to a spectacular aerobatic air show put on by the Singaporean flying ace William Teong (there were also a few reports of flying objects around town that night, we didn't serve that many drinks did we??) All eyes were glued

to the sky as William's model aircraft flew in and out and around the bowling green light wires, up into the night sky some 200 metres or so and then back down to land at his feet. Thanks for the show fellas and keeping the kids quiet for 15 minutes.

Anniversary wishes go out this week to Trav and Karen Halliday, (four years) and Stuart and Jackie Knox, (seven years), congratulations and best wishes to you both from the committee and members. It seemed like lady luck

was also smiling on Karen that night as she took home two raffle prizes and a meal voucher. Other winners were Marg Surman (toaster), Mick Surman (tin of kit kats), Brett Clarke (toiletry set), Naomi Matthews (cup set, bottle of wine and a meal ticket!) six packs went to Nicko, Jeff Ingold, Mick T, Steve B, Aaron D and Flav. The membership draw went to Harry Bovey but as he was not present it will jackpot to \$90 next week. See you all Thursday night.

# Local pub and club weekly news



Woomera Sports Club



Golf Club



RSL & Bowling Club



Eldo Hotel



Spuds Roadhouse

## Hotel happenings



The return of the Famous Eldo Burger Deal proved to be a hit last weekend with a few dozen brave souls trying desperately to finish the mammoth offering. At least the pint of West End Draught helped to wash it down. It will be available this weekend as well so if you have a big appetite and enjoy a bargain come on down to the

Eldo and try the challenge.

Our next big day will be the Melbourne Cup with sweeps and assorted competitions during the afternoon. There will be special bar prices and snacks during the day so start saving your loose change for the one time in the year that nearly everyone has a bet.

Keep an eye on the specials board, as Chef Ben has ordered scallops, whole baby barramundi, duck breast fillets and premium rib eye beef to offer you sensational dishes to choose from in the Bistro.

Until next week - bon appetit  
Phil



## Darts news

Thirteen players contested the Ronnie Weser and Garth Hancock trophies last week. The competition was 301, double in, double out, and most players seemed to manage the doubling in very well. The Garth Hancock trophy was awarded to the last female player remaining and this was fittingly won by Garth's widow, Judy Hancock. The last male standing was awarded the Ronnie Weser trophy, and this went to Luke Budden who is having a stellar year.

Could captains please advise me of their locations for the finals games? Please call Ellen on 0417 377 694 or drop an email to [epbudden@bigpond.com](mailto:epbudden@bigpond.com). Thanks. Good luck to everybody in the finals.

## Spud's news

*By Trudy Van der Laan*

What a weekend to come back to work! Spud's held a Grand Final Bash on Saturday that went off with a bang, thank you to everyone for being well behaved and making it another roaring success. I know that you all definitely got your \$25 worth of grog and food for the day, and thanks to one local Hayden who had his first taste of a Mars Bar and went hypo for the rest of the night!

Yes, I have come back to work now after having six months off on maternity leave and it's very exciting, there are so many new ideas floating around Spud's, so many areas for improvements and renovations, new people in the town, new projects

on the range. It's all happening! Keep your eye on the Spud's menu board because the menu we've had for ten years will be going out the window! We now have raisin toast for breakfast and by next week we will have hotdogs!

Urban Guerrillas played on Thursday night and there were a few of us that turned into monkeys, but it was a very good night.

Special thanks must go to Neil Wasley who took an abandoned dog to the vet in Roxby Downs. The dog was abandoned at Lake Hart and the staff have been looking after it. Due to its size it needed to be transported in the police van and Neil was very kind to help out. The dog was given a full

health check and will be rehoused. If you are sitting at home bored and are considering going back to work but just want one day a week then feel free to hand in your resume to Spud's. We are looking at employing two people on a casual basis offering one day a week work and are more than flexible to cater to your partner doing a four on four off roster. Once it gets busier this one day can turn into a few days. So please have a think. The job entails bar work and cooking, gaming experience is a big advantage.

Until next week, see ya at Spud's for the food and the fun.

P.S HAPPY BIRTHDAY TOM FOR TODAY from all the staff at Spud's.

## The Masquerade Ball

Woomera citizens aged 12 to adult are invited to attend this 'Night of Nights' to celebrate the end of the Woomera Fitness Challenge. Prizes will be awarded to Winners of the Challenge on this night.

**Venue: Eldo Hotel**

**Date: Saturday 4th November 2006**

Tickets are now available from the Community Centre at the following prices: Adults \$35.00;

Youths 12 – 18 years of age: \$15.00

Owen Wilson   Kate Hudson   Matt Dillon   Michael Douglas

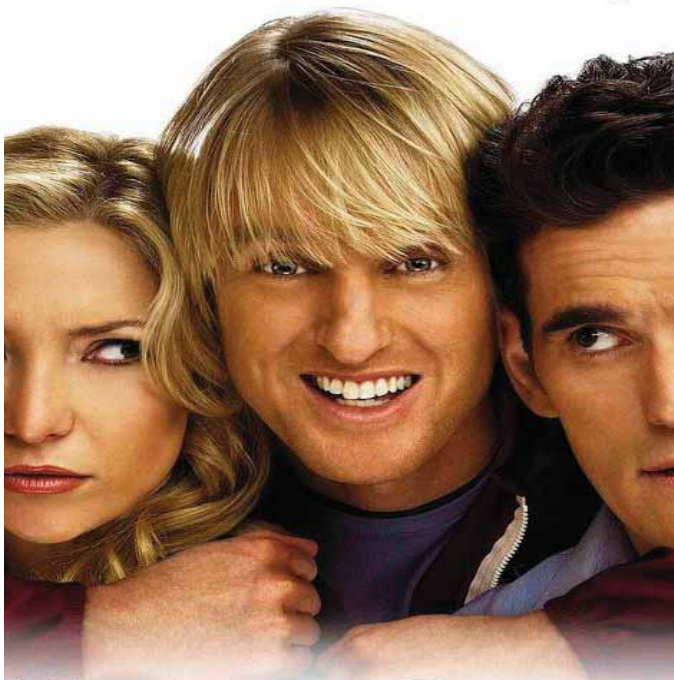
# Woomera Theatre

## *You, me and Dupree*

Saturday 7 October 2006  
8pm

Rated M

Adults: \$7  
Students: \$6  
Children \$5



### You, Me and Dupree

The comedy tells the story of a newlywed couple whose

Total rainfall for  
October: 0.2mm  
on 1 day



Australian Government  
Bureau of Meteorology

Yearly total to  
date: 91.4mm  
on 20 days

Woomera weather  
for the period ending  
Tuesday 3 October 2006

Date	27/9/06	28/9/06	29/9/06	30/9/06	01/10/06	02/10/06	03/10/2006
Min	11.0	11.4	13.2	10.9	15.2	11.2	11.7
Max	27.0	29.8	27.7	30.9	35.8	28.5	33.6
Rain	00.0	00.0	Trace	00.0	Trace	00.2	00.0
Evap	11.4	09.0	10.2	10.4	12.0	12.6	11.4
Sunshine	11.4	07.8	11.4	11.3	05.5	11.6	11.6

## Woomera Library

Hours of Business are:

Monday 12.30pm to 5.30pm  
7pm to 9pm

Tuesday 12.30pm to 5.30pm

Wednesday 12.30pm to 5.30pm

Thursday 12.30pm to 4.30pm

Friday 12.30pm to 4.30pm

Closed weekends and Public Holidays

School Holiday hours:

Monday 12.30pm to 4.30pm  
7pm to 9pm

Tuesday 12.30pm to 4.30pm

Wednesday 12.30pm to 4.30pm

Thursday 12.30pm to 4.30pm

Friday 12.30pm to 4.30pm

**WOOMERA 60th ANNIVERSARY MEETING**

**10 OCTOBER**

**7PM**

**AT THE**

**DCW CONFERENCE ROOM**

**Contact the Community Centre on 8674 3227 for information.**

# Woomera community noticeboard

## **Church of Jesus Christ of Latter Day Saints Church Service**

The church meets at the Community Centre every Sunday at 2pm. For more information please contact Colin Brown on 8673 7733.

## **Saint Michael's Church Service**

Saint Michael's Catholic Church holds a service every Sunday at 5pm. For more information please contact Father Brian Matthews on 8671 3207.

## **Woomera Village Store**

The Woomera Village store is open from 8am to 6pm, Monday,

Wednesday and Friday, however on Tuesday and Thursday the store is open from 8am to 7.30pm for late night shopping and is open from 8.30am to 2.30pm on both Saturday and Sunday.

## **4 WD Club**

A meeting will be held on Monday 9 October at 7pm at the Community Centre.

## **Redbacks Cricket Club**

Training is on Thursday afternoons at 5pm at O'Donoghue Oval. The first game will be on October 14.

*Sister Patricia's thought of the week:*

*The happiest people don't necessarily have the best of everything. They just make the best of everything.*

## Handy hints

### **Natural exfoliator**

For a refreshing body exfoliator, combine coarse sea salt with your shower gel in your hands and rub the mixture on as you shower.

### **Dandruff**

Combine one tablespoon each of dried nettles and dried rosemary with two cups of apple cider vinegar. Bring to the boil, remove from heat, cover, and let it sit overnight. Strain. After shampooing and rinsing your hair with plain water, pour the herbal rinse carefully through and leave in.

### **Bath bliss**

If you use essential oils in your bath, add them just before entering so their delicate healing properties won't evaporate in the steam before you get in the tub. Oh, and swoosh the water to disperse the drops thoroughly so there are no 'hot spots' of oil.

### **Smelly garbage bins**

Prevent horrible smells in your bins by sprinkling 1/4 cup each of borax (a natural mineral found in the laundry aisle) and bicarbonate of soda into the bottom of the empty bin.

### **Burns**

Buy an aloe vera plant for the windowsill and, if you burn yourself, simply split open a leaf and apply its natural gel to promote healing.

### **Cramps**

Make a massage oil by combining six drops each of clove and rosemary oil with 30ml plain vegetable oil, shake well, and use to massage the length of the muscle when a cramp starts.

### **Dry skin**

An oatmeal skin wash is good for dry skin. Add one tablespoon of finely ground oatmeal to a bowl of warm water and use for rinsing face and neck.

## Did you know?



The dog on "His Master's Voice" label is Nipper, a stray fox terrier

found in 1884 by the brother of the guy who painted the picture of the dog listening to a gramophone, Francis Barraud. Barraud inherited Nipper from his brother and was busy painting a phonograph when Nipper sat down next to it. Barraud later sold

the paintings to The Gramophone Company for \$160. "His Master's Voice" was registered as trademark with the United States Patent Office in 1900. The Victor Recording Company, and later RCA Victor used the Nipper logo.

# Woomera Village Store

Butement Square  
Woomera  
SA 5720  
Phone:  
8673 7766  
Fax: 8673 7774



Open  
Mon, Wed, Fri  
8am - 6pm  
Tue and Thur  
8am - 7.30pm  
Sat and Sun  
8.30am -  
2.30pm



**Support  
your local store,  
shop locally**



Lyn Breuer MP

**Member  
for Giles**

I would like to extend an invitation to meet with me and discuss any State Government issues you may have.

Please contact my office reverse charges on (08) 8645 7800 if you would like an appointment as I visit Roxby Downs and Woomera regularly.

Fax: (08) 8645 0713  
E-mail: [giles@parliament.sa.gov.au](mailto:giles@parliament.sa.gov.au)

## Spuds Roadhouse

Phone: 8673 7473 Fax: 8673 7557

Pimba  
Open: 6am - 11pm  
7 Days

### Fuel Discount

All Woomera locals are very welcome to have a 5 cents per litre discount on their fuel at Spuds.

### Great Food

Dine in or takeaway  
Fresh cooked food  
~ Phone orders welcome~

### Sunday Schnitzel Night

Chicken or Veal  
with a variety of toppings  
\$8.50

### Spuds also has for sale:

Bread, milk, margarine, eggs,  
nappies, fruit juice, vegemite, biscuits,  
Advertiser and Sunday Mail etc.  
Coin operated laundry also available

# Out 'n' about



*The Singaporean group.*



*Sonia and John Bayley with Paula Mackenzie at the RSL.*



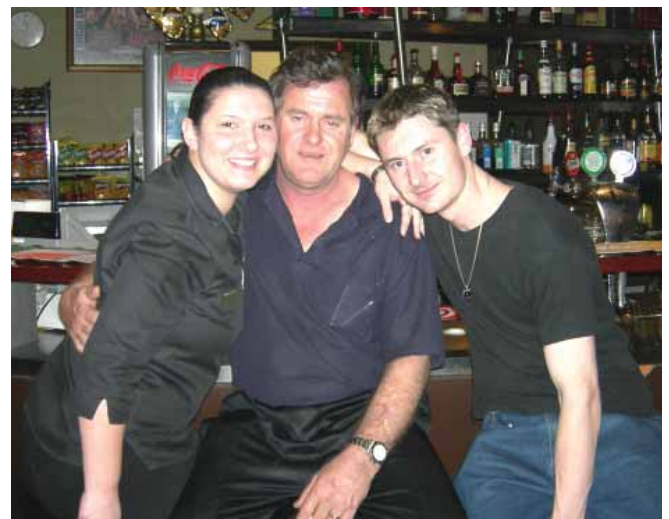
*Phil Young - our illustrious Eldo publican.*



*Dan Trinne - amazing kitchen worker at the Eldo!*



*William Teong from Singapore with Frank Woolfe.*

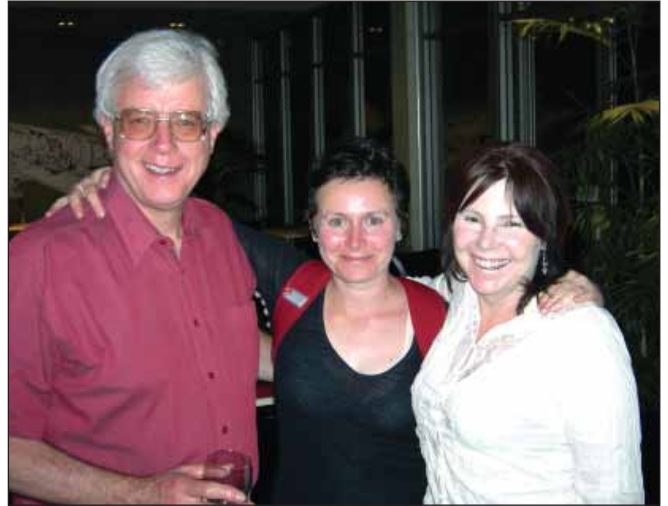


*Lenny (right) with his dad Lenny Senior and Krystal at the Eldo.*

# Out 'n' about



*Karen and Travis Halliday celebrate four years of marriage.*



*Ian Tuohy, Louise Wilson and Jacqui Trinne at the Eldo.*



*Stuart and Jackie Knox celebrate seven years of marriage.*



*Ben and John - Security Guards at the Eldo Hotel.*



*Jason O'Neil and Mary-Ann Armstrong's wedding.*



*Sam and Aaron - chefs at the Eldo Hotel.*

Email social photos to [gibber.gabber@bigpond.com](mailto:gibber.gabber@bigpond.com) or pick up a camera at the Woomera Board Community Centre.